

*Dear Resident,*

Following the announcement of a new period of lockdown, I write to let you know that ALCOVID Help set up by Abberton and Langenhoe Parish Council earlier in the year is active again. You have received this message as you registered your details by completing the leaflet delivered to all residences in the villages on 17 and 18 March 2020 or you subsequently contacted ALCOVID Help between 17 March and 31 July 2020, when ALCOVID Help was stood down.

Since the first lockdown, many in Abberton and Langenhoe, who were self-isolating or shielding then, have made their own arrangements for assistance with shopping or collection of prescriptions. The helpline has not received any email messages asking for help since last July. Nonetheless, there may be individuals who may need additional assistance now because of the changes to Government advice.

Anyone requiring assistance should telephone **Margaret Palmer-Slatter on 01206 735 980** or **Sue King on 01206 735 683** or reply to this email ([alcoholhelp@gmail.com](mailto:alcoholhelp@gmail.com)).

Anyone willing to volunteer to deliver shopping or to collect prescriptions is asked to make contact the same way.

One major change which has occurred since the lockdown in the spring has been the opening of the **Lion Corner Community Shop** which provides easy access to general provisions, bread, milk, fresh fruit and vegetables, frozen foods, newspapers for collection (if previously ordered), alcoholic and non-alcoholic drinks, stationery, postage stamps, over the counter medicines and other items you would expect to buy at a local shop. It is located in the centre of the village with its entrance off Fingringhoe Road. It is open from 0800-1800hrs Monday to Friday, 0900-1700hrs on Saturdays and 0900-1200hrs on Sundays and has COVID-19-secure procedures in place. The shop can be contacted by telephone on 07708 403 292.

*Simon Dougherty*

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Cllr S Dougherty MBE  
Vice-Chairman